



Superior Central School

May 2010

Monday	Tuesday	Wednesday	Thursday	Friday
Cereal and Toast 3	Pancakes 4	Cereal and toast 5	Waffles 6	Cereal and muffins 7
Turkey wraps	Tomato soup and cheese bread sticks	Macaroni and cheese	Roast turkey wedge fries	Rigatoni and meat sauce
Cereal and muffins 10	French toast 11	Cereal and toast 12	Cereal and muffins 13	Scrambled eggs 14
Biscuits and gravy	Chicken pot pie	Hot dogs	Turkey subs	Spaghetti and meatballs
Cereal and toast 17	Pancakes 18	Cereal and muffins 19	Cereal and muffins 20	Cereal and muffins 21
Egg rolls and rice	Chicken noodle soup	BBQ beef on a bun	Wet burritos	Corn dogs
Cereal and muffins 24	Cereal and muffins 25	Last day of school Cooks choice 26	No School 27	No School 28
Mash potato bowl	Ravioli	Cooks choice		

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31 *Guess What?*

Rose hips contain more Vitamin C than any other fruit or vegetable.
 The oldest rose in the world is on the wall of a cathedral in Germany and is over 1,000 years old.

A La Carte

Monday thru Friday we will offer a main menu item, salad and pizza

On Monday and Wednesday we offer chicken nuggets and on Tuesday and Thursday we offer bake potatoes.

We also offer vegetables, fruit and as choice of milk.

School News

Last day of school is May 26th. Have a wonderful summer.

